



Recruitment Section

University of Kashmir

NAAC Accredited Grade A++

NOTICE

It is hereby notified for the information of all the concerned candidates who have applied for the post of **Tutor** advertised vide Advertisement Notice No. 02 of 2025, dated 20.03.2025, that the scheme and syllabus for the aforementioned post shall be as under:

Scheme/Selection Criteria:

- There will be 80 MCQs (Multiple Choice Questions) and each correct answer will carry 1 mark.
- There will be negative marking of 0.25 for each wrong answer.
- The time allotted to the test will be 90 minutes.
- The candidates must secure at least 40% marks to qualify the OMR based Written Test.
- Appearance in the OMR based Written Test is purely provisional and does not confer any right for selection/appointment.
- The candidates shall ensure that they fulfill all the eligibility conditions for the post on their own before appearing in the OMR based Written Test.
- The final eligibility of the candidates shall be determined strictly at the time of Document verification.
- Candidates will be called for Document verification in the ratio of 1:5 of the posts advertised and only those candidates will be considered for selection on the basis of merit in OMR based Written Test who are declared eligible at the time of Document verification by the Competent Authority.
- The decision of the Competent Authority on all matters, including eligibility and selection, shall be final and binding.
- There will be no Interview/Skill test for the post.

The syllabus for the above said post is given in Annexure I to this Notice.

By order,

**Sd/-
Deputy Registrar
Recruitment**

No. F/NT-Scheme-Tutor/KU/26

Dated: 12.06.2026

Syllabus for the post of Tutor **Institute of Nursing, South Campus**

1. Nursing Foundation

Introduction to nursing, health and illness, Health care delivery system, History of nursing and profession, Communication and nurse-patient relationship, Documentation and reporting, Vital signs, Equipment and Linen, Infection control, Comfort rest sleep and pain, Safety in healthcare, Admission discharge transfer, Mobility and immobility, Patient Education, First Aid, Health Assessment, Nursing Process, Nutritional Needs, Hygiene and elimination needs, Diagnostic testing, Oxygenation, Fluid electrolyte balance, Medication administration, Sensory needs, Terminally ill, death and dying, Psychosocial needs.

Professionalism, Professional Conduct, Regulatory Bodies & Professional Organizations: Roles & Responsibilities, professional values, ethics & bioethics. Definitions: Ethics, Bioethics and Ethical Principles, Ethical issues and ethical dilemma, Process of ethical decision making, Ethics committee: Roles and responsibilities, Code of Ethics, Patients' Bill of Rights-17 patients' rights (MoH&FW, GoI).

2. Adult Health Nursing

Introduction, Intra operative care, Common signs and symptoms care, Nursing Management of Respiratory disorders, Cardiovascular disorders, Blood disorders, Digestive disorders, Endocrine disorders, Urinary disorders, Kidney disorders, Neurological disorders, Musculoskeletal disorders, Integumentary disorders, Communicable diseases, ENT disorders, eye, Oncology and immunology, Emergency and disaster care, Critical care, Geriatric care, Occupational health

3. Mental Health Nursing

Mental Health, Principles and concepts, assessment, Treatment modalities and therapies used in mental disorders, Management of schizophrenia and other psychotic disorders, Mood disorders, Neurotic, stress-related and somatization disorders, Substance use disorders, Personality and sexual disorders, Behavioural and emotional disorders in childhood and adolescence, Organic brain disorders, Psychiatric emergencies and crisis intervention, Legal issues in mental health.

4. Community Health Nursing

Concepts of community health and community health nursing, Health care planning and organization at various levels, Environmental science, environmental health and sanitation, Nutrition education and assessment, Community health nursing approaches, roles and responsibilities, Assisting individuals and families to promote and maintain health, Introduction to epidemiology and its approaches, Communicable diseases and national health programs, Non-communicable diseases and national health programs, School health services, Management of common conditions and emergencies including first aid, Reproductive, maternal, newborn, child and adolescent Health, Demography, Population control, Occupational health, Geriatric Health care, Mental Health Care, Health management information system, Management of community health nursing services, Leadership Supervision and Monitoring, Disaster Management, Bio-Medical Waste Management, Health Agencies.

5. Midwifery/Obstetrics and Gynecology Nursing

Intro to midwifery, Reproductive system anatomy & physiology, Embryology & fetal development, Assessment & management of normal pregnancy (antenatal), Care during normal labour, Postnatal (postpartum) care of women, Care of normal neonates, Family welfare services, Management of high-risk pregnancy & complications, Recognition & management problems during pregnancy/abnormal/high-risk labour, Management of postnatal/puerperal problems, Care of high-risk newborns, Management of gynecological disorders.

6. Child Health Nursing

Introduction to Modern concepts of child care, Growth and development, Neonatal care, Childhood diseases, Pediatric emergencies, Cardiovascular System, Orthopedic disorders, Respiratory, Endocrine, Orthopedic, Behavioral and social problems.

7. Nursing Education and Nursing Research

Introduction & theoretical foundation, Assessment, planning & implementation, teaching in clinical settings, Teaching methods & media, Assessment/evaluation methods & strategies, Guidance, academic advising, counseling & discipline, Evidence-based teaching in nursing.

Forensic Science, Forensic Nursing, Forensic Team, Introduction of Indian Constitution, Sources of laws and Law making powers.

Research & research process, Research problems/questions, Review of literature, Research approaches & designs, Sampling & data collection, Data analysis, Statistics, Research utilization.

8. Anatomy and Physiology

Introduction to anatomical terms & organization of the human body, Musculoskeletal system, Circulatory & lymphatic system, Respiratory system, Digestive system, Excretory system, Renal System, Nervous system, Endocrine system, Sensory organs, Reproductive system.

9. Pharmacology and Pathology

PHARMACOLOGY: Introduction to Pharmacology, Pharmacology of commonly used antiseptics and disinfectants, Drug used for treatment of various organ systems/disorders/diseases/pregnancy, Adverse effects, Drug safety, Principles of prescribing.

PATHOLOGY: Introduction, Special Pathology, Pathological changes in disease conditions of selected systems, Hematological tests for the diagnosis of blood disorders. Clinical Pathology.

10. Biochemistry and Nutrition & Dietetics

Carbohydrates, Lipids, Proteins, Clinical Enzymology, Acid base maintenance, Heme Catabolism, Organ function tests, Immunochemistry.

Introduction to Nutrition, Carbohydrates, Proteins, Fats, Vitamins, Minerals, Balanced diet, Nutritional deficiency disorders, Therapeutic diets, Cookery rules and preservation of nutrients, Nutrition assessment and nutrition education, National Nutritional Programs and role of nurse, Food safety.