



# Department of Social Work University of Kashmir

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## PAPERS ARE INVITED FOR ONE DAY RESEARCH DISSEMINATION WORKSHOP ON “WOMEN AND REPRODUCTIVE HEALTH, WITH SPECIAL REFERENCE TO WOMEN WITH PCOS”

Organized by:  
Department of Social Work,  
University of Kashmir

Date: 30<sup>th</sup> June 2025

Venue: Conference Hall, Gandhi  
Bhavan, Main Campus, University  
of Kashmir

Time: 9:30 AM



**Patron**

Prof. Nilofer Khan  
Hon'ble Vice Chancellor  
University of Kashmir



**Co-Patron**

Prof. M. Sultan Bhat  
Dean Research  
University of Kashmir



**Keynote Speaker**

Prof. M. Ashraf Ganie  
Director  
SKIMS Soura Srinagar

### Head of the Department

Prof. Shazia Manzoor

### Convener

Dr. Aadil Bashir

### Co-Convener

Dr. Sarafriz Ahmad

### Organizing Committee

1. Dr. Wakar Amin, Associate Professor,  
DoSW, UoK
2. Dr. Saima Farhad, Assistant Professor,  
DoSW, UoK
3. Dr. Javaid Rashid, Assistant Professor,  
DoSW, UoK

### Team Members

1. Anzar Ul Aijaz, Research Scholar
2. Uroos Mahliqa, Research Scholar
3. Sehar e Neha, Research Scholar
4. Pakeeza Ashraf, Research Scholar
5. Aijaz Hassan, Research Scholar

## About The Conference

The one-day research dissemination workshop on “Women and Reproductive Health, with Special Reference to Women with PCOS” aims to bring attention to the complex interplay of biological, psychological, and social dimensions affecting women’s reproductive well-being. Polycystic Ovary Syndrome (PCOS), a common endocrine disorder, not only impacts physical health and fertility but also deeply influences women’s mental health, body image, self-esteem, and quality of life. The workshop seeks to share research insights, promote interdisciplinary dialogue, and explore culturally sensitive and gender-responsive interventions. By highlighting the psychosocial burdens associated with PCOS, the event strives to foster inclusive health strategies and empower women through awareness, support, and advocacy.

### Who Can Attend?

Academicians, Research Scholars, Students, Healthcare Professionals, Counselors, and Social Workers

### Registration Details

Please register for the workshop via the following link: <https://forms.gle/pf6mwPxeijedo4Pn7>

(There is no registration fee for the workshop)

### Important Dates

Last Date for Registration:	<b>17<sup>th</sup> June 2025</b>
Abstract Submission Deadline:	<b>19<sup>th</sup> June 2025</b>
Intimation of Acceptance:	<b>20<sup>th</sup> June 2025</b>
Submission of Full Paper:	<b>25<sup>th</sup> June 2025</b>

### All Submissions Can Be Mailed To:

**[submissions.dosw@gmail.com](mailto:submissions.dosw@gmail.com)**

## Theme:

“Women and reproductive health, with special reference to women with PCOS”

### Sub-Themes:

- Psychosocial Impact of PCOS on Women’s Mental Health
- Body Image, Self-esteem, and Social Stigma in Women with PCOS
- Reproductive Rights and Access to Healthcare
- Cultural Beliefs, Myths, and Attitudes Around PCOS and Fertility
- Healthcare Services for Women with PCOS
- Lifestyle, Diet, and Mental Health: An Integrated Approach
- Support Systems and Role of Family, Partners, and Community
- Role of Social Work and Counseling in Reproductive Health
- Adolescents and Early Intervention in PCOS Management

### Important Guidelines

- Maximum word limit for the abstract is 200 and that for the full paper is 4000.
- Both abstract and the paper should be in APA Format with Times New Roman Font Style, Font Size 12, and 1.5 Line Spacing.
- Both the abstract and the paper should be sent as word (.doc/.docx) files.

### Contact Person

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