



**P.G. DEPARTMENT OF PSYCHOLOGY  
UNIVERSITY OF KASHMIR**

**NAAC ACCREDITED GRADE 'A+'**

**Entrance Test Syllabus for Admission in M.A. (Psychology)  
Programme-2023**

**Instructions:-**

- i) The entrance syllabus contains fifteen (15) units with a weightage of four (04) marks to each unit.**
- ii) There will be sixty (60) questions with four (04) questions from each unit.**

**UNIT-I:**

- a) Origin and Development of Psychology**
- b) Psychology as Science**
- c) Perspectives: Cognitive, Behavioural, Psychoanalytic, Humanistic & Socio-cultural**
- d) Methods: Experimental & Quasi-Experimental**

**UNIT-II**

- a) Cognitive & Perceptual Processes**
- b) Learning & Memory**
- c) Motivation & Emotion**
- d) Intelligence Theories (Spearman, Gardner & Sternberg)**

**UNIT-III**

- a) Nature & determinants of Personality**
- b) Theories of Personality**
- c) Approaches towards understanding social behaviour**
- d) Individual level processes: person perception**

#### **UNIT-IV**

- a) Attribution Theories (Heider, Jones & Davis and Kelly)
- b) Attitude: Formation, Change and Resistance to change
- c) Interpersonal Processes
- d) Pro-social behaviour & aggression

#### **UNIT-V**

- a) Group dynamics : key aspects of groups, nature & function of groups
- b) Cooperation & Conflict
- c) Communication : Types, Barriers and Processes
- d) Leadership : nature & theories of leadership

#### **UNIT-VI**

- a) Nature and criteria of abnormality
- b) Classification system (DSM-V)
- c) Biological, familial, cultural and behavioural perspectives of Psychological disorders
- d) Cognitive & Psychodynamic perspective of psychological disorders

#### **UNIT-VII**

- a) Anxiety disorders (separation Anxiety disorder, specific phobia and social phobia)
- b) Panic Disorder, Obsessive compulsive disorder and body dysmorphic disorder
- c) Major depressive disorder, bipolar I & II
- d) Symptoms of schizophrenia

## **UNIT-VIII**

- a) Psychological testing
- b) Types of psychological tests used in clinical & non-clinical settings
- c) Treatment of mental disorders: Pharmacotherapy & Electroconvulsive therapy
- d) Psychoanalytic behavioural & Cognitive therapy

## **UNIT-IX**

- a) Scales of measurement and graphical representation of data
- b) Properties of normal probability curve
- c) Conversion of raw scores to z scores
- d) Parametric tests & non-parametric tests

## **UNIT-X**

- a) Measures of central tendency and dispersion
- b) Correlation and its types
- c) Qualitative methods: interview, observation and case study
- d) Characteristics of a test, Standardization: reliability, validity and norms

## **UNIT-XI**

- a) Life Span Development: Nature & issues
- b) Theoretical perspectives
- c) Methods & Designs
- d) Physical and cognitive development

## **UNIT-XII**

- a) Socio-emotional development
- b) Biomedical and bio-psychosocial models of health
- c) Stress, Pain, Wellbeing & its components
- d) Life satisfaction

### **UNIT-XIII**

- a) Health Enhancing behaviours
- b) Psychological strengths: Hope, Efficacy, Resilience & Optimism
- c) Role of counselling in self-development, Counselling process
- d) Approaches & ethical issues in counselling

### **UNIT-XIV**

- a) Skills of a counsellor
- b) Family & marital counselling
- c) Career & vocational Counselling
- d) Theories of Work Motivation

### **UNIT-XV**

- a) Organizational Psychology : History, Challenges & Opportunity
  - b) Job satisfaction and organizational commitment
  - c) Leadership Styles, Trait & Behavioural theories of leadership
  - d) Organizational Structure
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